

**Gloucester AC Spring Open – Sunday 28<sup>th</sup> April**

<b>RACE 1 – 60m</b>		<b>11.00am</b>	WIND	-0.7			
<b>POSSITION</b>	<b>TIME</b>	<b>NAME</b>		<b>Club</b>		Gender	<b>GE GROUP</b>
1	9.33	Papuca	Max		Yate & District AC	M	U11B
2	9.44	Rowan	Oscar		North Somerset AC	M	U11B
3	10.19	Wadwha	Roman		Birchfield Harriers	M	U11B
4	10.93	Morris	Flynn		Aberdare Valley AAC	M	U11B
5	11.27	Barker	Aaron		North Somerset AC	M	U11B
<b>RACE 2 – 60m</b>		<b>11.06am</b>	WIND	0.7			
1	10.13	Williams	Freya		Hereford & County AC	F	U11G
2	10.71	Coldman	Olivia		Aberdare Valley AAC	F	U11G
3	11.89	George	Poppy Mae		Aberdare Valley AAC	F	U11G
4	12.93	Moses	Gwennie		Aberdare Valley AAC	F	U11G
<b>RACE 1– 100m</b>		<b>11.18am</b>	WIND	-0.3			
1	10.83	Bhatti	Dylan		Gloucester AC	M	U20M
2	11.2	Cox-Sonora	Pablo		Cheltenham Harriers	M	U20M
3	11.42	White	Oliver		Team Bath AC	M	SM
4	11.42	Petrenko	Elias		Kingston & Poly AC	M	SM
5	11.42	Muhumuza	Kenneth		Team Bath AC	M	SM
6	12.7	Ngala	Tata		Solihull & Small Heath AC	M	SM
<b>RACE 2 – 100m</b>		<b>11.24am</b>	WIND	-0.4			
1	12.01	Wood	Alex		Stratford upon Avon AC	M	U15B
2	12.29	Wood	Daniel		Gloucester AC	M	U17M
<b>RACE 3 – 100m</b>		<b>11.30am</b>	WIND	1.8			
1	12.21	Beattie	Oscar		Cheltenham Harriers	M	U15B
2	12.22	Reeves	Ben		Gloucester AC	M	M40
3	12.35	Edwards	Ella-Grace		Gloucester AC	F	U20W
4	12.36	Clemson	Millie		Worcester AC	F	SW
<b>RACE 4 – 100m</b>		<b>11.36am</b>	WIND	-0.1			
1	12.3	Fields	Alex		Bristol & West AC	M	M35
2	12.37	Brown	Jacob		Gloucester AC	M	U17M
3	12.51	Haynes	Corey		Bristol & West AC	M	SM
4	12.75	Treglown	Kirsty		Yate & District AC	F	SW
5	12.89	Behan	Daniel		Cheltenham Harriers	M	U15B
6	12.94	Miles	Ben		Cheltenham Harriers	M	SM
<b>RACE 5 – 100m</b>		<b>11.42am</b>	WIND	0.2			
1	12.64	Sharp	Billy		North Somerset AC	M	U17M
2	12.86	Ritchie	James		Gloucester AC	M	SM
3	12.93	Williams	Barnaby		Gloucester AC	M	U17M
4	13.03	Williams	Rebecca		Victoria Park & Tower Hamlets AC	F	W35
5	13.14	Grant	Darius		Cheltenham Harriers	M	U15B
<b>RACE 6– 100m</b>		<b>11.48am</b>	WIND	1.5			
1	12.89	McIntosh	Eleanor		Bristol & West AC	F	SW
2	12.94	Yates	Callum		Gloucester AC	M	U15B
3	13.31	Taylor	Alicia		Cheltenham Harriers	F	U15G
4	13.48	Long	Sarah		Bristol & West AC	F	SW
5	13.9	Woodcock	Molly		Cheltenham Harriers	F	U17W
6	14.5	O'Connor	Zoe		Bristol & West AC	F	U17W
<b>RACE 7– 100m</b>		<b>11.54am</b>	WIND	0.6			
1	13.7	Healy	Ishwar		North Somerset AC	M	U15B
2	13.85	Humphries-Cuff	Elasia		Gloucester AC	F	U15G
3	14.11	Howell	Bella		Yate & District AC	F	U15G
4	14.35	Hazell	Alana		Cheltenham Harriers	F	U20W
<b>RACE 8– 100m</b>		<b>12.00pm</b>	WIND	0.3			
1	12.93	Hussey	Ewan		North Somerset AC	M	U15B
2	13.67	Thomas	Evey		Gloucester AC	F	U17W
3	13.8	Adeusi	Grace		Gloucester AC	F	U15G
4	14.03	Odukunle	Jomiloju		Gloucester AC	F	U15G
5	14.07	Watts-Lynch	Holly		Yate & District AC	F	SW
6	14.25	Brookes	Bertie		Cheltenham Harriers	M	U13B
<b>RACE 9 – 100m</b>		<b>12.06pm</b>	WIND	-0.8			
1	14.39	Fortnam	Sam		Gloucester AC	M	U13B
2	14.57	Bevan	Sophia		Tewkesbury RC	F	U20W

3	14.62	Ahmed	Fahmida		Bristol & West AC	F	SW
4	14.87	Wadwha	Serena		Birchfield Harriers	F	U13G
5	15.04	Andrews	Libby		Gloucester AC	F	U17W
<b>RACE 10 – 100m</b>		<b>12.12pm</b>	WIND	-0.2			
1	13.82	Price	Eliza		North Somerset AC	F	U15G
2	13.98	Lawal	Naomi		Cheltenham Harriers	F	U15G
3	14.09	Andrews	Jacob		Gloucester AC	M	U15B
4	14.32	Aliyu	Fayola		Bristol & West AC	F	U15G
5	14.44	Akerman	Harriet		Gloucester AC	F	U17W
6	15.03	Siddiqui	Mani		Gloucester AC	M	U13B
<b>RACE 11 – 100m</b>		<b>12.18pm</b>	WIND	0.4			
1	14.58	Stoneman	Jackson		Stroud & District AC	M	U13B
2	14.75	Coote	Madison		Cardiff Athletics	F	U13G
3	14.78	Britton	Raffy		Gloucester AC	M	U13B
4	15.05	Cullinane	Hedd		Rhymney Valley AC	M	U13B
5	15.3	Howell	Henry		Gloucester AC	M	U13B
6	15.4	Coombes	Lucas		Cheltenham Harriers	M	U13B
<b>RACE 12 – 100m</b>		<b>12.24pm</b>	WIND	-0.4			
1	14.2	Pope	Anna		North Somerset AC	F	U17W
2	14.43	Merry	Jade		Worcester AC	F	W35
3	15.05	Walker	Ethan		Cheltenham Harriers	M	U15B
4	15.31	Garland	Mel		Worcester AC	F	W60
5	15.39	Hart	Katrina		Birchfield Harriers	F	SW
6	15.84	Wakefield	Michelle		Oxford City AC	F	W55
7	15.89	Morgan	Brian		Hereford & County AC	M	M55
<b>RACE 13 – 100m</b>		<b>12.30pm</b>	WIND	-0.6			
1	14.43	Sanderson	Eva		Cheltenham Harriers	F	U15G
2	14.49	Coote	Olivia		Cardiff Athletics	F	U13G
3	14.68	Hussey	Megan		North Somerset AC	F	U15G
4	14.88	Scobey	Thea		Swindon Harriers	F	U15G
5	15.57	House	Abigail		North Somerset AC	F	U13G
6	15.74	Haynes	Annie		North Somerset AC	F	U13G
<b>RACE 14 – 100m</b>		<b>12.36pm</b>	WIND	0.9			
1	14.6	Wakefield-Paul	Rosie		North Somerset AC	F	U13G
2	15.1	Bennett	Beatrix		Yate & District AC	F	U13G
3	15.6	Baker	Ruby		North Somerset AC	F	U13G
4	15.84	Williams	Freya		Hereford & County AC	F	U11G
<b>RACE 15 – 100m</b>		<b>12.42pm</b>	WIND	-0.4			
1	15.26	Sutton	Noah		Dursley RC	M	U13B
2	15.29	Williams	Paige-Lily		Carmarthan & District AC	F	U13G
3	16.76	Spencer	Charlotte		Bristol & West AC	F	U13G
4	17.18	Clissold	Lacey		Aberdare Valley AAC	F	U13G
<b>RACE 16 – 100m</b>		<b>12.48pm</b>	WIND	0.6			
1	15.64	Bruford	Bella		Aberdare Valley AAC	F	U13G
2	17.08	Stamp (T35)	Thomas		Gloucester AC	M	SM
3	17.78	Morris	Meadow		Aberdare Valley AAC	F	U13G
<b>RACE 1– 600m</b>		<b>12.54pm</b>					
1	1.59.16	Papuca	Max		Yate & District AC	M	U11B
2	1.59.25	Rowan	Oscar		North Somerset AC	M	U11B
3	2.17.70	Albie	Rendell		Stroud & District	M	U11B
4	2.25.15	Barker	Aaron		North Somerset AC	M	U11B
5	2.37.70	Morris	Flynn		Aberdare Valley AAC	M	U11B
<b>RACE 2 – 600m</b>		<b>01:00:00 PM</b>					
1	1.59.57	Rowe	Gwendolen		Aberdare Valley AAC	F	U11G
2	2.05.16	Bailey	Jessica		Unattached	F	U11G
3	2.05.17	Leach	Hannah		Stroud & District AC	F	U11G
4	2.16.55	Robinson	Amelia		Stroud & District AC	F	U11G
5	2.29.20	Williams	Tayla		Carmarthan & District AC	F	U11G
6	2.32.58	Phillips-Johnson	Sophia		Aberdare Valley AAC	F	U11G
7	2.35.39	Harvey	Charlotte		Cheltenham Harriers	F	U11G
<b>RACE 1– 800m</b>		<b>1.07pm</b>					
1	1.55.61	Pearce	Ben		Tonbridge AC	M	SM
2	2.02.69	Sandiford	Joseph		North Somerset AC	M	U20M
3	2.03.05	Barker	Stan		North Somerset AC	M	U17M
4	2.03.39	Evans	Dylan		Newport Harriers	M	U17M
5	2.05.75	Burford	Kyle		North Somerset AC	M	U20M

6	2.12.45	Webb	Josh	Caerphilly Runners	M	SM
<b>RACE 2 – 800m 1.14pm</b>						
1	2.10.76	Wait	Jude	North Somerset AC	M	U20M
2	2.12.79	Crampton	Philip	Stroud & District AC	M	U20M
3	2.13.65	Devereux	Keira	North Somerset AC	F	U20W
4	2.15.71	Darlington	Leo	North Somerset AC	M	U17M
5	2.17.50	Brady	Anya	Newport Harriers	F	U17W
6	2.24.18	Hyland	Jessica	Carmarthan & District AC	F	SW
<b>RACE 3 – 800m 1.21pm</b>						
1	2.15.56	Cruise	Joe	Gloucester AC	M	U15B
2	2.15.97	Paul	Patrick	Cheltenham Harriers	M	U15B
3	2.18.39	Johnstone	Ryan	Team Bath AC	M	U17M
4	2.23.71	Yates	Callum	Gloucester AC	M	U15B
5	2.24.66	Skidmore	Sofia	Team Bath AC	F	U20W
6	2.24.89	Heath-Smith	Bluebell	Cheltenham Harriers	F	U17W
7	2.25.71	Meacock	Euan	North Somerset AC	M	U15B
8	2.28.03	Honor	Amelia	Bristol & West AC	F	U20W
<b>RACE 4 – 800m 1.28pm</b>						
1	2.19.84	Wilson	Oliver	Cheltenham Harriers	M	U15B
2	2.21.97	Evans	Imogen	Taunton AC	F	SW
3	2.29.76	Fowler	Lauren	Marshall Milton Keynes AC	F	U15G
4	2.32.41	Iddon	George	Cheltenham Harriers	M	U15B
<b>RACE 5 – 800m 1.35pm</b>						
1	2.29.06	Hussey	Ewan	North Somerset AC	M	U15B
2	2.32.88	Hodgkinson	Kimberley	Cheltenham Harriers	F	U13G
3	2.33.92	Spackman	Amber	Gloucester AC	F	SW
4	2.36.70	Brooks	Toby	Gloucester AC	M	U13B
5	2.36.81	Kearns	Liam	Cheltenham Harriers	M	SM
6	2.39.32	Redmond	Oscar	Stroud & District AC	M	U13B
7	2.40.84	Siddiqui	Mani	Gloucester AC	M	U13B
8	2.41.54	Mountain	Peter	Bristol & West AC	M	M65
<b>RACE 6 – 800m 1.42pm</b>						
1	2.33.84	Beazely-Long	Lilia	North Somerset AC	F	U15G
2	2.36.16	Harsant	Amelia	Stroud & District AC	F	U15G
3	2.38.04	Ingleson	Evie	Newport Harriers	F	U15G
4	2.38.54	Chick	Tamsin	Westbury Harriers	F	W45
5	2.39.72	Hathway	Jos	Stroud & District AC	F	U13G
6	2.41.55	Ranger	Phoebe	Bromsgrove & Redditch AC	F	U15G
7	2.45.78	Crampton	Georgina	Stroud & District AC	F	U17W
<b>RACE 7 – 800m 1.49pm</b>						
1	2.39.14	Harvey	Isla	Cheltenham Harriers	F	U15G
2	2.40.43	Watts	Bella	Cheltenham Harriers	F	U15G
3	2.41.55	Sutton	Noah	Dursley RC	M	U13B
4	2.42.04	Mack	Frankie	Dursley RC	F	U15G
5	2.43.18	Mundy	Johannes	Gloucester AC	M	U13B
6	2.43.51	Bransby	Ruth	Stroud & District AC	F	U15G
7	2.43.80	Beazely-Long	Iris	North Somerset AC	F	U13G
8	2.44.14	Michael	Brooke	Yate & District AC	F	U15G
<b>RACE 8 – 800m 1.56pm</b>						
1	2.46.56	Amey	Megan	Cheltenham Harriers	F	U15G
2	2.52.13	Golledge	Phoebe	Gloucester AC	F	U15G
3	2.54.29	Richards	Summer	Telford AC	F	U13G
4	2.59.57	Haynes	Annie	North Somerset AC	F	U13G
5	3.00.29	Williams	Cadee	Aberdare Valley AAC	F	U15G
6	3.01.46	Worlock	Lois	Aberdare Valley AAC	F	U15G
7	3.16.54	Clissold	Lacey	Aberdare Valley AAC	F	U13G
8	3.16.83	Moses	Amelia	Aberdare Valley AAC	F	U13G
9	3.21.86	Dockery	Anne	Yate & District AC	F	W75
<b>RACE 1 – 200m 2.20pm WIND 1.0</b>						
1	21.66	Bhatti	Dylan	Gloucester AC	M	U20M
2	22.83	White	Oliver	Team Bath AC	M	SM
3	23.46	Muhumuza	Kenneth	Team Bath AC	M	SM
<b>RACE 2 – 200m 2.26pm WIND 0.3</b>						
1	23.69	Sugden	Thomas	Blackheath & Bromley AC	M	SM
2	23.71	Petrenko	Elias	Kingston & Poty AC	M	SM
3	24.67	Hawkins	David	Gloucester AC	M	SM
4	24.73	Beattie	Oscar	Cheltenham Harriers	M	U15B

	<b>RACE 3 – 200m</b>	<b>2.32pm</b>	WIND	0.4			
1	24.4	Brown	Jacob		Gloucester AC	M	U17M
2	24.88	Wood	Daniel		Gloucester AC	M	U17M
3	25.12	Reeves	Ben		Gloucester AC	M	M40
	<b>RACE 4 – 200m</b>	<b>2.38pm</b>	WIND	2.8			
1	25.51	Edwards	Ella-Grace		Gloucester AC	F	U20W
2	25.99	Williams	Rebecca		Victoria Park & Tower Hamlets AC	F	W35
3	26.1	Clemson	Millie		Worcester AC	F	SW
4	26.46	Behan	Daniel		Cheltenham Harriers	M	U15B
	<b>RACE 5 – 200m</b>	<b>2.44pm</b>	WIND	1.7			
1	26.25	Treglown	Kirsty		Yate & District AC	F	SW
2	26.67	Grant	Darius		Cheltenham Harriers	M	U15B
3	27.92	Long	Sarah		Bristol & West AC	F	SW
4	28.45	O'Kane	Ben		Gloucester AC	M	U15B
	<b>RACE 6 – 200m</b>	<b>2.50pm</b>	WIND	1.7			
1	26.77	Hussey	Ewan		North Somerset AC	M	U15B
2	27.41	Healy	Ishwar		North Somerset AC	M	U15B
3	27.63	Taylor	Alicia		Cheltenham Harriers	F	U15G
4	28.36	O'Connor	Zoe		Bristol & West AC	F	U17W
5	28.46	Tomkins	Lottie		Stroud & District AC	F	U17W
	<b>RACE 7 – 200m</b>	<b>2.56pm</b>	WIND	1.7			
1	25.25	Haynes	Corey		Bristol & West AC	M	SM
2	28.38	Sutherland	Joseph		Yate & District AC	M	U13B
3	28.95	Nisbet	Nico		Yate & District AC	F	U15G
4	29.54	Fortnam	Sam		Gloucester AC	M	U13B
	<b>RACE 8 – 200m</b>	<b>3.02pm</b>	WIND	0.7			
1	27.78	Fowler	Lauren		Marshall Milton Keynes AC	F	U15G
2	27.84	Coote	Sarah		Cardiff Athletics	F	W40
3	28.19	Lawal	Naomi		Cheltenham Harriers	F	U15G
	<b>RACE 9 – 200m</b>	<b>3.08pm</b>	WIND	2			
1	28.27	Price	Eliza		North Somerset AC	F	U15G
2	28.73	Aliyu	Fayola		Bristol & West AC	F	U15G
3	28.99	Andrews	Jacob		Gloucester AC	M	U15B
4	30.47	Bevan	Sophia		Tewkesbury RC	F	U20W
	<b>RACE 10 – 200m</b>	<b>3.14pm</b>	WIND	1.2			
1	29.82	Scobey	Thea		Swindon Harriers	F	U15G
2	30.92	Worlock	Lois		Aberdare Valley AAC	F	U15G
3	31.13	Andrews	Libby		Gloucester AC	F	U17W
	<b>RACE 11 – 200m</b>	<b>3.20pm</b>	WIND	2			
1	30.11	Sanderson	Eva		Cheltenham Harriers	F	U15G
2	30.28	Stoneman	Jackson		Stroud & District AC	M	U13B
3	30.88	Brooks	Toby		Gloucester AC	M	U13B
4	31.98	Williams	Cadee		Aberdare Valley AAC	F	U15G
5	33.22	Cullinane	Hedd		Rhymney Valley AC	M	U13B
	<b>RACE 12 – 200m</b>	<b>3.26pm</b>	WIND	1.6			
1	28.76	Pope	Anna		North Somerset AC	F	U17W
2	30	Merry	Jade		Worcester AC	F	W35
3	30.79	Barker	Toby		North Somerset AC	M	U13B
4	30.96	Britton	Raffy		Gloucester AC	M	U13B
5	31.61	Barnes	Lucy		North Somerset AC	F	U13G
6	32.08	Reid	Saffi		Hereford & County AC	F	U13G
	<b>RACE 13 – 200m</b>	<b>3.32pm</b>	WIND	1.9			
1	30.15	Wakefield-Paul	Rosie		North Somerset AC	F	U13G
2	30.37	Rowan	Oscar		North Somerset AC	M	U11B
3	31.78	House	Abigail		North Somerset AC	F	U13G
4	32.14	Oldham	Isla		Worcester AC	F	U13G
5	32.43	Spencer	Isabelle		Bristol & West AC	F	U13G
6	33.69	Siddiqui	Raffi		Gloucester AC	M	U11B
	<b>RACE 14 – 200m</b>	<b>3.38pm</b>	WIND	2.4			
1	32.5	Bruford	Bella		Aberdare Valley AAC	F	U13G
2	32.63	Bryant	Angela		Worcester AC	F	W60
3	36.07	Clissold	Lacey		Aberdare Valley AAC	F	U13G

	<b>RACE 15 – 200m</b>	<b>3.44pm</b>	WIND	1.4			
1	33.21	Rowe	Gwendolen		Aberdare Valley AAC	F	U11G
2	35.25	Oliveira	Lucas		Cheltenham Harriers	M	U13B
3	36.56	Morris	Meadow		Aberdare Valley AAC	F	U13G
4	37.59	Moses	Amelia		Aberdare Valley AAC	F	U13G
5	41.81	George	Poppy-Mae		Aberdare Valley AAC	F	U11G
6	50.75	Moses	Gwennie		Aberdare Valley AAC	F	U11G
	<b>RACE 1 – 1500m</b>	<b>3.56pm</b>					
1	:04:05:36	Lee	Kane		Yate & District AC	M	SM
2	:04:08:47	Chard	Elliott		Yate & District AC	M	SM
3	:04:15:94	Al-Rousi	Craig		Peterborough & Nene Valley AC	M	U20M
4	:04:18:21	Garrod	Tom		Newport Harriers	M	U15B
5	:04:20:17	Moreton	Thomas		Stroud & District AC	M	U20M
6	:04:21:73	Morgan	Patrick		Hereford & County AC	M	SM
7	:04:34:96	Bradshaw	Noah		Newport Harriers	M	U15B
8	:04:35:51	Roberts	Joseph		Newport Harriers	M	U15B
	<b>RACE 2 – 1500m</b>	<b>4.05pm</b>					
1	:04:30:20	Plesiewicz	Dominik		Aberdare Valley AAC	M	U17M
2	:04:30:96	Padfield	Inca		Western Tempo	F	SW
3	:04:31:77	Cooper	Lauren		Western Tempo	F	SW
4	:04:34:67	Powell	Emma		Western Tempo	F	SW
5	:04:36:30	McCaugherty	Gavin		Western Tempo	M	M40
6	:04:41:24	Watson	Amber		Western Tempo	F	SW
7	:04:42:40	Cossins	Millie		Stroud & District AC	F	U17W
8	:04:43:19	Barker	Madeline		Havering AC	F	U20W
9	:04:48:01	Griffiths	Ceri		Newport Harriers	F	U20W
	<b>RACE 3 – 1500m</b>	<b>4.15pm</b>					
1	:04:42:75	Nield	Arthur		Gloucester AC	M	U17M
2	:04:43:66	Tough	Cian		Aberdare Valley AAC	M	U17M
3	:04:44:71	Davies	Evan		Aberdare Valley AAC	M	U17M
4	:04:52:05	Wadey	Joel		North Somerset AC	M	U15B
5	:04:54:24	Lewis	Adrian		Aberdare Valley AAC	M	M50
6	:04:55:60	Harvey	Thomas		Bourton RR	M	U15B
7	:04:57:34	Ciesielska	Ewelina		Parc Bryn Bach RC	F	W35
8	:05:00:44	Hillary	Lucy		Western Tempo	F	U17W
9	:05:13:28	Rowe	Evan		Aberdare Valley AAC	M	U15B
	<b>RACE 4 – 1500m</b>	<b>4.25pm</b>					
1	:05:05:71	Paul	Olivia		Team Bath AC	F	U15G
2	:05:06:99	Rendell	Frederick		Stroud & District AC	M	U13B
3	:05:12:21	Seabright	Noah		Cheltenham Harriers	M	U15B
4	5:19:42	Conway	Ben		Swindon Harriers	M	U15B
5	:05:20:05	Houghton	Pippa		North Somerset AC	F	U17W
6	:05:21:16	Chick	Tamsin		Westbury Harriers	F	W45
7	:05:29:63	Cornish	Lily		Newport Harriers	F	U15G
8	:05:31:48	Jones	Ben		Gloucester AC	M	U11B
9	:05:32:68	Barker	Toby		North Somerset AC	M	U13B
10	:05:41:33	Brook	Martin		Gloucester AC	M	M50
11	:05:44:10	Mountain	Peter		Bristol & West AC	M	M65
12	:05:47:31	Poore	Francesca		Clevedon AC	F	U17W
	<b>RACE 5 – 1500m</b>	<b>4.35pm</b>					
1	5:23:14	Faubel	Killian		North Somerset AC	M	U13B
2	:05:25:93	Kirk	Alexander		Dursley RC	M	U13B
3	:05:28:02	England	Oscar		Stroud & District AC	M	U13B
4	:05:44:29	Piddington	Sophie		Newport Harriers	F	U13G
5	:05:44:34	Barnes	Lucy		North Somerset AC	F	U13G
6	:05:47:74	Oliveira	Lucas		Cheltenham Harriers	M	U13B
7	:05:48:87	Reid	Saffi		Hereford & County AC	F	U13G
8	:06:05:09	Moran	Alexander		Gloucester AC	M	U15B
9	:06:08:87	Ap Hywel	Elsi		Aberdare Valley AAC	F	U13G
10	:06:17:49	Vale	Nia		Aberdare Valley AAC	F	U13G
11	:06:33:90	Newton	Shaun		Slinn Allstars	M	M65
	<b>RACE 1 – 400m</b>	<b>4.47pm</b>					
1	51.85	Hogg	Matt		North Somerset AC	M	SM
2	52.34	Robbie	Jon-Henry		Cardiff Archers	M	U20M
3	52.79	Alexander	Jacob		Chelmsford AC	M	U20M
4	53.08	McGill	Findlay		Worcester AC	M	U20M
5	53.35	Wood	Harrison		Bristol & West AC	M	SM
6	56.91	Smith	Ryan		Annadale Striders	M	SM
	<b>RACE 2 – 400m</b>	<b>4.53pm</b>					

1	53.73	Flint	Cole	Worcester AC	M	SM
2	54.75	Wood	Alex	Stratford upon Avon AC	M	U17M
3	56.49	Edwards	James	Yate & District AC	M	SM
<b>RACE 3 – 400m</b>		<b>4.59pm</b>				
1	62.08	Bevan	Francesca	Tewkesbury RC	F	SW
2	64.53	Coote	Sarah	Cardiff Athletics	F	W40
3	66.55	Marchant	Lily	Tewkesbury RC	F	U20W
<b>RACE 4 – 400m</b>		<b>5.05pm</b>				
1	68.35	Saunders	Sara	Worcester AC	F	W40
2	68.51	Oldham	Emma	Worcester AC	F	W40
3	68.94	Rawlings	Bella	Worcester AC	F	U20W
4	82.25	Bryant	Angela	Worcester AC	F	W60
<b>RACE 1 – 3000m</b>		<b>5.12pm</b>				
1	8.24.38	James	Dom	Western Tempo	M	SM
2	8.31.50	Gillett	Dylan	Western Tempo	M	SM
3	8.44.70	Owen	Dan	Western Tempo	M	SM
4	8.46.05	Coombes	Devin	Bridgend AC	M	SM
5	8.46.65	Price	Ben	Western Tempo	M	M40
6	8.54.07	Wright	Charlie	City of York AC	M	U20M
7	8.56.31	Douglas	William	Western Tempo	M	SM
8	9.00.56	Campbell	Alastair	Stroud & District AC	M	M35
9	9.11.46	Kelly	Max	Western Tempo	M	SM
10	9.22.54	Coles	Charlie	Gloucester AC	M	U20M
11	9.25.69	Radley	Tom	Western Tempo	M	SM
12	9.35.75	Parry	Owen	Gloucester AC	M	M40
13	9.45.32	Frost	Joel	Cheltenham Harriers	M	SM
<b>RACE 2 – 3000m</b>		<b>5.27pm</b>				
1	9.28.04	Baylis	Samuel	CLC Striders	M	SM
2	9.37.69	Fallows	Mark	Western Tempo	M	M45
3	9.50.95	Johnstone	Ryan	Team Bath AC	M	U17M
4	9.53.66	Hine	Luke	Gloucester AC	M	M35
5	9.59.96	Cooper	Lauren	Western Tempo	F	SW
6	10.09.82	Wallis	Bethany	Western Tempo	F	SW
7	10.12.17	Powell	Chloe	Swindon Harriers	F	SW
8	10.16.06	Williams	Adrian	Western Tempo	M	M45
9	10.17.39	Porter	Millie	Western Tempo	F	SW
10	10.19.35	Schofield	Dan	Western Tempo	M	M35
11	10.22.77	Holmes	Toby	Windsor Slough Eton & Hounslow	M	U17M
12	10.37.89	Gibby	John	Newport Harriers	M	U15B
13	10.40.03	Rendell	Constance	Stroud & District AC	F	U15G
<b>RACE 3 – 3000m</b>		<b>5.43pm</b>				
1	10.31.78	Tough	Cian	Aberdare Valley AAC	M	U17M
2	10.36.64	Vale	Ioan	Aberdare Valley AAC	M	U15B
3	10.41.16	Robinson	Matthew	Bristol & West AC	M	M55
4	10.42.43	Edwards	Mia	Brighton Phoenix	F	SW
5	10.47.35	Golledge	Barney	Gloucester AC	M	U17M
6	10.48.68	Faubel	Nick	North Somerset AC	M	M50
7	10.59.67	Nield	Chris	Gloucester AC	M	M45
8	10.59.89	Davies	Eloise	Hercules Wimbledon AC	F	SW
9	11.07.50	Tudor	Jonathan	Dursley RC	M	SM
10	11.30.72	Chick	Tamsin	Westbury Harriers	F	W45
11	12.38.38	Gardner	Emma	Bristol & West AC	F	SW
12	14.10.90	Dockery	Anne	Yate & District AC	F	W75
13	14.12.71	Newton	Shaun	Slinn Allstars	M	M65
<b>LONG JUMP - GROUP 1</b>		<b>1.15pm</b>				
	4.15m	Fortnam	Sam	Gloucester AC	M	U13B
	3.50m	Brooks	Toby	Gloucester AC	M	U13B
	4.11m	Wadwha	Serena	Birchfield Harriers	G	U13G
	3.95m	Barnes	Lucy	North Somerset AC	G	U13G
	3.95m	Coote	Olivia	Cardiff AAC	G	U13G
	3.84m	Coote	Madison	Cardiff AAC	G	U13G
	3.53m	Haynes	Annie	North Somerset AC	G	U13G
	3.37m	Spencer	Isabelle	Bristol & West AC	G	U13G
	3.18m	Spencer	Charlotte	Bristol & West AC	G	U13G
	2.95m	Baker	Ruby	North Somerset AC	G	U13G
	2.75m	Morris	Meadow	Aberdare Valley AAC	G	U13G
	2.39m	Moses	Amelia	Aberdare Valley AAC	G	U13G

3.58m	Wadwha	Roman		Birchfield Harriers	M	U11B
2.79m	Coldman	Olivia		Aberdare Valley AAC	G	U11G
2.53m	Williams	Tayla		Carmarthan & District AC	G	U11G
1.77m	Moses	Gwenne		Aberdare Valley AAC	G	U11G

**LONG JUMP – GROUP 2**

**3.45pm**

6.06m	Griffiths	Iolo	SM	Pembrokeshire Harriers	M	SM
5.60m	Hawkins	David	SM	Gloucester AC	M	SM
5.37m	Ritchie	James	SM	Gloucester AC	M	SM
5.38m	Williams	Barnaby	U17M	Gloucester AC	M	U17M
4.90m	Davies	Kate	SW	Gloucester AC	F	SW
4.01m	Garland	Mel	W60	Worcester AC	F	W60
3.70m	Mundy	Hanny	U13B	Gloucester AC	B	U13B

**SHOT**

**2.30pm**

15.02m	Winter	Gareth	SM	Gloucester AC	M	SM
12.70m	Morgan	Patrick	SM	Hereford & County AC	M	SM
7.78m	Goodwin (F38)	Charlie	SM	Cardiff Athletics	M	SM
13.91m	Robbie	Lachlan	U15B	Cardiff Archers	B	U15B
8.03m	Seabright	Noah	U15B	Cheltenham Harriers	B	U15B
6.69m	O'Carroll	Chris	M80	Gloucester AC	M	M80
8.93m	Sutherland	Joseph	U13B	Yate & District AC	B	U13B
6.44m	Wadwha	Roman	U11B	Birchfield Harriers	B	U11B
9.13m	Hazell	Alana	U20W	Cheltenham Harriers	F	U20W
8.18m	Bell	Charlotte	U17W	Stroud & District AC	F	U17W
8.31m	Smith	Caitlin	U15G	Cheltenham Harriers	G	U15G
5.98m	Townsend	Tilly	U13G	North Somerset AC	G	U13G
5.64m	Williams	Paige-Lily	U13G	Carmarthan & District AC	G	U13G
4.68m	Bruford	Bella	U13G	Aberdare Valley AAC	G	U13G
4.03m	Vale	Nia	U13G	Aberdare Valley AAC	G	U13G

**DISCUS**

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42.86m	Winter	Gareth	SM	Gloucester AC	M	SM
37.01m	Morgan	Patrick	SM	Hereford & County AC	M	SM
37.39m	Murray	Isaac	SM	Cornwall AC	M	SM
21.09m	Goodwin (F38)	Charlie	SM	Cardiff Athletics	M	SM
22.69m	Richards	Lloyd	U17M	Cheltenham Harriers	M	U17M
34.62m	Robbie	Lachlan	U15B	Cardiff Archers	B	U15B
29.84	Iddon	George	U15B	Cheltenham Harriers	B	U15B
21.33m	Golding	Kieran	M40	Swindon Harriers	M	M40
15.11m	Lewis	Rudy	U13B	Stroud & District AC	B	U13B
13.30m	Barker	Toby	U13B	North Somerset AC	B	U13B
8.64m	Oliveira	Lucas	U13B	Cheltenham Harriers	B	U13B
18.04m	Townsend	Tilly	U13G	North Somerset AC	G	U13G
15.90m	Spencer	Isabelle	U13G	Bristol & West AC	G	U13G
9.90m	Spencer	Charlotte	U13G	Bristol & West AC	G	U13G